

# Let's Talk About Leeds

Youth Voice Summit 13<sup>th</sup> March 2019



## Event Report

## Background to the event

In 2018, the Leeds City Council Children & Families Scrutiny Board set up a new scrutiny inquiry to ask the question “is Leeds a child friendly city? Six years after the launch of the Child Friendly Leeds initiative it is an opportunity to take stock of progress made against the five outcomes of the local Children and Young People’s Plan:

Conditions of well-being we want for all our children and young people – all children and young people:

1. Are safe from harm
2. Do well at all levels of learning and have skills for life
3. Enjoy healthy lifestyles
4. Have fun growing up
5. Are active citizens who feel they have a voice and influence

In addition to seeking evidence from a range of professionals, the Board felt that it was essential to hear from young people in the city about how *they* feel they are being supported to achieve in each of the five areas. To this end, the Board worked with the Voice, Influence and Change Team within the Children and Families directorate to arrange a series of fact-finding visits to youth groups around the city and to hold a central event where young people could come together to give their views to the Board.

A “Let’s Talk about Leeds” event was booked for Wednesday 13<sup>th</sup> March in the Banqueting Suite in Leeds Civic Hall and invites were sent to 47 different youth and community groups and all members of the Children & Families Scrutiny Board.

At the event, members of the Scrutiny Board assumed the roles of “expert listeners” – sitting with groups of young people at their tables and listening in to their conversations and discussions and providing information and insight where it was deemed appropriate. Following the event it was agreed that a copy of the final scrutiny report would be shared back with all of the youth groups in attendance.

## Consultation stalls

Having such a large and diverse range of young people in one place provided a great opportunity for other services to deliver their own consultation and engagement work during the break times. The following services were able to seek views from the children and young people in attendance:

- **Leeds “Our Spaces” Strategy consultation:** young people had the opportunity to comment on the development of public space in the city in line with the draft “Our Spaces” strategy
- **Yorkshire Sport Foundation:** young people were able to speak to colleagues representing Yorkshire Sport Foundation about the types of sports and activities they would like to be made available through their schools and youth settings
- **YouthWatch Leeds ‘mental health crisis’ consultation:** young people were able to speak to representatives from YouthWatch Leeds and feed into a current NHS consultation about the services and support that should be available to support young people in times of a mental health crisis

## The attendees

The event was attended by 134 children and young people aged 8 to 25 from the following 17 youth and community groups:

Care Leavers Council	Children in Care Council (Have a Voice)	NHS Youth Forum
The Marketplace Mental Health Support Group	YPMYG Group - Youth Service South East	Leeds Youth Service West group
BARCA Leeds	Community Youth Ambassadors	Student Leeds Safeguarding Children Partnership
UK Youth Parliament	YouthWatch Leeds	Central Yorkshire Scouts
Leeds Youth Council	Youth Matters - Crossgates & Whinmoor	Youth Matters - Temple Newsam
Willow Young Carers	Youth Service – Prince Philips	

They were joined by the Executive Member for Children and Families (Councillor Lisa Mulherin) as well as the following members of the Children and Families Scrutiny Board and supporting council officers:

Councillor Alan Lamb (Chair of Scrutiny Board)	Councillor Jessica Lennox
Councillor Caroline Gruen	Councillor Hannah Bithell
Councillor John Illingworth	Tony Britten (Scrutiny Board Member – Church Representative)
Jackie Ward (Scrutiny Board Member – Parent Governor Representative)	Kate Blacker (Scrutiny Board Member – Parent Governor Representative)
Debbie Reilly (Scrutiny Board Member - Looked After Children and Care Leavers Representative)	Angela Brogden (Principal Scrutiny Adviser)
Hannah Lamplugh (Voice, Influence & Change Lead)	Sue Rumbold (Chief Officer Partnerships & Health)



## The programme:

<b>16.45</b>	<p><b>Arrival and registration</b> Sign in and register, help yourself to refreshments and visit the stalls</p>
<b>17.10</b>	<p><b>Housekeeping and Icebreaker Game</b> Welcome to the Leeds Civic Hall followed by an icebreaker game to help everyone feel relaxed and engaged!</p>
	<p><b>Welcome to the event</b> Some background and context about the event from:</p> <p>Councillor Lisa Mulherin – Executive Member for Children and Families Councillor Alan Lamb – Chair of the Children and Families Scrutiny Board Hannah Lamplugh – Voice, Influence and Change Lead, Leeds City Council</p>
	<p><b>Workshop One – Let’s talk about Leeds</b> Work together to discuss what support and help you currently receive and what you feel could still be improved around <i>one</i> of the following themes: (Staying Safe) (Learning &amp; Skills) (Being Healthy) (Having fun) (Having a voice)</p> <p>This will be followed by a feedback session so you can hear what other groups have been saying.</p>
	<p><b>Optional group photograph</b> Smile and say cheese!</p>
<b>18.10</b>	<p><b>Break and food</b> Hot food will be served and you will have the opportunity to visit the marketplace stalls...and win prizes!</p>
	<p><b>Workshop Two – Let’s talk about Leeds</b> Similar to the workshop before break, you will work together to discuss what support and help you currently receive and what you feel could be improved around a different <i>one</i> of the following themes: (Staying Safe) (Learning &amp; Skills) (Being Healthy) (Having fun) (Having a voice)</p> <p>This will again be followed by a feedback session so you can hear what other groups have been saying.</p>
	<p><b>Final thoughts, evaluation and raffle prize draw</b> An opportunity to complete evaluation forms whilst the raffle draw is taking place. Councillor Alan Lamb, Chair of the Children and Families Scrutiny Board will then close the event</p>
<b>19.30</b>	<p><b>Event finishes</b> Have a safe journey home!</p>

## Young people's feedback on the 5 outcomes:

### Outcome by outcome breakdown

The tables below contain the collated feedback from every group participating in the event – split across the five outcomes:

<b>Safe from harm</b>	
<b>What works well?</b>	<b>What could be better?</b>
Having police out on the streets	Free self-defence workshops to learn how to protect yourself from things like knife crime
Cameras and CCTV	More police officers, health services, CCTV cameras around main areas, more youth workers on the streets and in places such as parks
Teachers staying on streets outside school until students get on their bus	People to have better training on how to deal with communicating with people who are suicidal or depressed
Good websites to support mental health	More work from the Police for example: coming to do talks at school or college about staying safe and what happens if you get caught committing crime
Police	Have a student psychologist coming into school to talk to students who might be struggling
Child psychologists and youth workers	Drug/alcohol use amongst young people is a problem
Crisis lines eg Childline	Not enough 'safe zones' in the city centre but some do exist
Having mentors in school	Some services aren't easily accessible for all young people
Role of parents and carers	Having young people friendly maps / signage around the city centre
Leeds City Council	More mental health drop in services
Marketplace and other 'safe zones' – treated as a person not a patient, drop in available and creates opportunities for young people	There is not enough information about sexual health services for young people
CaMHS / IAPT	There isn't enough interest from schools around MindMate
Andy's Man Club	Parks are not safe for young people in some areas and this needs monitoring – needles left around etc
Getaway Girls	Taxis – don't always feel safe in taxis, they should all have CCTV cameras installed, Taxi drivers should have more respect for young people, they don't understand that young people find taxi journeys frightening as it is and all taxi drivers should be CRB checked and approved
Sexual health clinics	Buses – are often dirty and the drivers rude and bus passes should be free or very cheap for under 16s as it costs a lot to get to school
MindMate lessons	Violence – people need to have more respect for one another because when they don't it leads to people feeling unsafe
Feel very safe in their youth group setting as the staff are very nice and supportive, taking the time to get to know them all	More surveillance / CCTV will help young people to feel safe and reduce alcohol/drugs
In school we have had: <ul style="list-style-type: none"> <li>○ information on knife safety and the police 'power to search'</li> </ul>	There should be stricter age limit on buying alcohol and heavier penalties for drug dealers, more stop and searches There is a barrier about talking to police to report drug dealing as the act of talking to police is scary

<ul style="list-style-type: none"> <li>○ assemblies on online safety including 'sexting' and 'grooming'</li> <li>○ seen police officers and safeguarding officers in schools</li> </ul>	<p>Less knife crime through having more police patrolling the streets in communities</p> <p>Mental health services to be improved</p>
Around Leeds they have seen lots of visible police officers which helps them feel safe	Free bus travel for Under 16s
There are lots of bike lanes which is good for safety but there needs to be more education on using lights on your bike	More assemblies on bullying in schools / colleges
Feel safe on buses	More school buses
Lots of free phone booths makes them feel safe	Make public space feel safer – more bins for litter and dog poo
NSPCC and Childline	Stop having “no ball games” signs
PSHCE lessons in schools	Renovated parks and spaces
Wider support such as The Marketplace, MindMate, CaMHS, TaMHS, Counselling services in schools	Zebra crossings on dangerous roads
Police on site and visiting schools	More youth groups based in local communities
Being safe online information	More mental health support
Safe project and Safe rooms / Time Out rooms	Zebra crossings
Charities	Slower speed limits
Events like this is positive	Cleaner environments
More events such as Breeze	More stuff for teenagers to do, more social activities, more groups
Police	More lighting on streets
Family	More visible police
Support groups – however they are not very well known	Be educated about safety at school
Youth Workers	More security cameras
Teachers	Lessons on how to stay safe on social media
Having people patrolling in parks	Easier and cheaper bus travel
Schools	Safety is down to the individual (looking after yourself)
Friends	Metal detectors in schools
Places are on the whole easy to get to	Regulating social media
Streets are well lit	More social responsibility
Childline	Make alcohol and drugs less accessible
Mindmate	Giving young people the option to have their say rather than telling them how they should feel
School support system	Stop gang violence
Breakfast clubs and afterschool clubs – easily accessible and safe environment for children	Support system in schools to help students who want to change
Social workers	Make people more aware of the services that are available to them
Mentors	
Safety in numbers, community	
We're generally out late at night WITH friends rather than alone	

**Do well at all levels of learning and have skills for life**

What works well?	What could be better?
Better understanding from teachers that let you speak	Transition from year 6 to 7 was scary
Good teachers and nurture group where I go when I get angry. Some teachers listen in Nurture.	New teachers
We have a sensory room at school with bean bags and fish floating in a tank	When we are naughty should get a reminder then a verbal warning then a sanction
We can make drinks and bagels in Nurture	Don't know school council
There's a teacher that I can always trust"	More outside learning and activities
Emotional support: PSHCE works well in school and covers lots of different topics. Have pastoral officers in schools	More sports for girls
Work experience works well <i>but some schools have stopped offering this</i>	Let kids make rules and have their own ideas (like we get to do in nurture)
	Do more fun stuff
	Learning about managing finances – this is never mentioned in school PSHCE provision. We want to learn about mortgages, taxes, bank accounts, bills, budgeting
	Managing our money is more important than algebra!
	Public speaking training, political education, democracy
	More choice of GCSE subjects – and support when choosing your options
	Better communication between teachers and parents
	More volunteering opportunities need to be available
	Schools to offer 'taster' days in different work placements

<b>Enjoy healthy lifestyles</b>	
<b>What works well?</b>	<b>What could be better?</b>
Leeds City Council listened to us and put monkey bars and a work area on the Broadlea's.	Don't feel comfortable with counselling sessions – only 6 weeks long and there are only 5 places for the 1500 students in school
Gym	It's hard to 'open up' so more support groups would be a good thing
Music	It would be a good idea to see a different person / professional for mental health needs and then a doctor for physical health
Yoga	Sport is good for mental health so there should be more sports teams and tournaments. These should be more accessible
Headspace and other mindfulness apps	Wellbeing lessons in school don't teach enough so it feels like the same lesson on repeat
Having a mental health hotline is a good idea but needs more advertising	Not everyone has a local Gym and transport costs to get to one are expensive
LCC leisure centres although better in some areas than others	Bus drivers can be aggressive and treat teens the wrong way. Buses are not reliable
Dance classes	Doing exercise gets expensive due to public transport costs and poor public transport in Leeds
Rugby	Healthy Eating – at college get no healthy food it's nuggets every day
Dog walking	Hard to ask doctors for help as you may then get turned away
Meditation	More green space
MindMate website	Make activities more affordable as cost is a big barrier
Headspace App	Have age appropriate activities
Gym	Advertise better
Boxing	Have park wardens
Gym – LCC used to run a service where young people could use the gym for free	Mental health services – you should be able to self-refer and not go through your GP
Swimming	Have a campaign to inform drivers about benefits of cycling
Walking – good parks, especially Roundhay	The waiting list for CaMHS services is very long
Exercise equipment in lots of parks	Long term support services at The Marketplace has a long wait
Cycle routes in the city	Needs to be more consistency in the support schools give, every school should have or offer a counselling service
Park runs	Compulsory "health checks" in Year 6 – it really isn't great for young people aged 10 to be told they are overweight as this can really affect them mentally
Triathlon	Have more "trails" to follow in parks
Some schools have counselling services in school	Schools should have more consistent PSHE provision and mental health support
The Marketplace project is fantastic	In a child friendly Leeds we would like age appropriate mental health taught to all CYP
MindMate is really good for information and support	LGBT clubs in schools need to be more inclusive within the school environment
Local GP had referred to The Marketplace and to Mindmate = good	
Schools have their own websites with info	

<b>Have fun growing up</b>	
<b>What works well</b>	<b>What could be better</b>
Scouts! Over 7,500 young people involved in West Yorkshire and over 2,500 volunteers	There should be more fun things to do online not just play "Fortnite"
Breeze card for all young people	The council should stop closing libraries and centres
Having youth work projects	There should be more clubs for under 18s
Skateparks	There should be more indoor activities for young people
Horse riding	There should be more universal sports – e.g. sports that ALL young people can do
Swimming pools	There should be organised youth walks
Good shopping	There are youth groups in the evenings but getting bus home at night can be dangerous
Libraries	There are barriers to some young people getting involved in projects
Leeds is better than Grimsby	High cost and poor reliability of public transport- could be resolved by minibus pick ups
Having pop up events in parks	There is a cost to access some projects which has an impact in deprived areas
Bowling	Some groups fully subscribed and you actually need to be on a waiting list from birth to join
Breeze events (but these are mainly for younger children not teens)	Improving lighting in parks
Volunteering opportunities	More internet cafes
Meanwood Urban Farm	More volunteering opportunities
Parks and gyms in parks	Clean up and revamp parks
Youth clubs	Breeze festival events should cater to all ages with more variety
Breeze festival	Sitting areas and lack of maintenance in smaller parks are not good
Dog Walking	More free events for young people
Really good cycling areas	More free family events
Lots of places to go in daylight – mini golf championships	Funding for more youth centres
Youth club on Fridays	Opportunities for residential to learn new skills
Local park	Discounts for family groups
School	Not enough variety of books in libraries
Shopping	Bring back Party in the Park
Cinema	There isn't much for teenagers to do
Swimming pool	Should have youth clubs for different age groups
Going out to eat	Cut down on young people smoking
Sport –football, rugby, dodgeball	More green areas
Breeze events	More bike lanes in student areas such as Burley / Hyde Park
The Carnival	More places to plant trees
Tropical world	Spaces that are just for teenagers
Dance	Improving the parks – having more equipment
Kickboxing / Boxing	Water fountains in the park
Cinema	More Breeze pop up events, more fairs
Record Shops	More gym access for young people
Parks – football	More disability access in parks

Canteens and bars	Youth club open more days than once a week
Concerts and gigs in town	Reduce gang activity
Shopping	Make the community centre bigger for sports activities
Picnics in the park	More child friendly events that are easy to get to – more dry events that are not all about alcohol and drugs
Walks in Roundhay Park	More green spaces
Breeze events	A more sociable arts scene – on the streets like in Manchester and Liverpool
Museums eg Armouries / Leeds Museum	Would use gyms and swimming pools more if they were easier to get to and cheaper
Things like food festivals	Cost of things can hinder what we do – more about the cost of actually getting there.
Having a youth club and getting to go on youth work trips	Gyms can be intimidating so more “young person friendly” gym sessions
Breeze events	We have less free time during exam times
Skate park in area	We don’t know about some young people’s events – should be better use of social media to promote and advertise and also promote things through schools
MUGA in area	Would like to see more things aimed at older teenagers
Takeaways and restaurants – it’s fun to eat	If there are events for example in millennium square and you may not be able to go if don’t have friends then can a youth worker take you?
Maggi our local lollipop lady, everybody loves her and she gives out sweets	Ice skating all year round
Local playground with a baby park	Stop spice drug users
Leeds Arena in the city centre	Have “steroid free gyms” that are for young people only
Shopping, food, cinema, bowling, trampolines, lazer zone	Have outdoor gyms for young people
	Sort litter out and more dog mess bins so we can walk dogs and enjoy parks
	Better bin people – pick up litter and empty bins quicker
	Smaller skatepark just for the younger children
	More free events for young people in town eg DJ, music, graffiti art etc
	Theme park in Leeds

## Active citizens who feel they have a voice and influence

What works well	What could be better
Our groups get to take over Corporate Parenting Board every year	Transport – should be a web service that asks for young people’s opinions
Youth Summit events	Schools need to have better skills and abilities to understand people with learning difficulties for example Dyslexia
Supported to have a voice by support workers, foster carers, IRO’s	More young people should be able to make decisions within youth groups / leisure centres and schools
Have mentors in school	Activities should be more focused on people aged 13-20
The Care Promise – this gives you information on what you should expect from social services	There should be more advertising of activities on social media
Good support from independent visitors or PAs (Personal Advisors)	Young people don’t always know who their local councillors are and how to contact them
Barnardo’s Children’s Rights service (Advocacy Service for looked after young people)	School councils need to be more consistent and meaningful and should let students know the scope of what they can change
MST Team	Don’t feel you can make much of a difference in school – YP want to see more action and direct change
Quizzes and surveys	Need central support for school councils to offer support and guidance
Through reaching	City councillors should go into their local schools to meet their local school councils every few months. Councillors can learn priorities in the school but also speak to the students to get feedback about their local area
Direct approach	Councillors could hold surgeries in schools
Word of mouth	The role of a “children’s champion” councillor should be clearer.
Social media	Leeds needs better transport e.g. Trams
Leeds Youth Council – learn about what is going on and able to meet with decision makers	Rental bikes would mean less pollution in the city
36% of 11-18 year olds in Leeds took part in the 2018 UK Youth Parliament ‘Make Your Mark’ ballot	Young people should be able to represent their area
School councils – get to speak to and share ideas with headteacher, suggest ideas for PSHE lessons and get to interview new staff for jobs in school	Young people should be able to vote younger to have their say
Youth groups and clubs in local areas enable and encourage young people to have a voice	School councils – school councils should include all students no matter what behaviour or disabilities in having a voice. Sometimes it is only the good “nice” kids who get the chance in schools
Events like today	
Ability to have a protest!	
Inviting local councillor to our youth club	
Encouraging us to vote when we turn 18	
Young people have a voice and influence within the YPMYG youth group – decide on budgets etc	
Got involved in a consultation about making city centre better	
Went to child friendly Leeds awards events	
Have had meetings with ward councillors	
Have attended forums	

Have your say event	
Civic Hall events	
Leeds overall has a good thing to hear young people's voice	

## Young people's feedback on the 5 outcomes:

### Breakdown by youth group

#### Youth group: BARCA Leeds (young people at risk of exclusion)

##### Workshop One: Learning and Skills

###### What works well?

- Better understanding from teachers that let you speak
- Good teachers and nurture group where I go when I get angry. Some teachers listen in Nurture.
- We have a sensory room at school with bean bags and fish floating in a tank
- We can make drinks and bagels in Nurture
- "There's a teacher that I can always trust"

###### What more could be done / what are the problems?

- Transition from year 6 to 7 was scary
- New teachers
- When we are naughty should get a reminder then a verbal warning then a sanction
- Don't know school council
- More outside learning and activities
- More sports for girls
- Let kids make rules and have their own ideas (like we get to do in nurture)
- Do more fun stuff

##### Workshop Two: Being healthy

###### What works well?

- Leeds City Council listened to us and put monkey bars and a work area on the Broadleas.

###### What more could be done / what are the problems?

*Didn't complete*

## Youth group: Central Yorkshire Scouts

### Workshop One: Being Healthy

#### What works well?

- Gym
- Music
- Yoga
- Headspace and other mindfulness apps
- Having a mental health hotline is a good idea but needs more advertising
- LCC leisure centres although better in some areas than others

#### What more could be done / what are the problems?

- Don't feel comfortable with counselling sessions – only 6 weeks long and there are only 5 places for the 1500 students in school
- Mental health:
  - It's hard to 'open up' so more support groups would be a good thing
  - It would be a good idea to see a different person / professional for mental health needs and then a doctor for physical health
  - Sport is good for mental health so there should be more sports teams and tournaments. These should be more accessible
  - Wellbeing lessons in school don't teach enough so it feels like the same lesson on repeat
- Physical health:
  - Not everyone has a local Gym and transport costs to get to one are expensive
  - Bus drivers can be aggressive and treat teens the wrong way. Buses are not reliable
  - Doing exercise gets expensive due to public transport costs and poor public transport in Leeds
- Healthy Eating – at college get no healthy food it's nuggets every day
  - Hard to ask doctors for help as you may then get turned away

### Workshop Two choice: Having fun

#### What works well?

- Scouts! Over 7,500 young people involved in West Yorkshire and over 2,500 volunteers

#### What more could be done / what are the problems?

- There are youth groups in the evenings but getting bus home at night can be dangerous
- There are barriers to some young people getting involved in projects
- High cost and poor reliability of public transport- could be resolved by minibus pick ups
- There is a cost to access some projects which has an impact in deprived areas
- Some groups fully subscribed and you actually need to be on a waiting list from birth to join

## **Youth group: Children in Care Council and Care Leavers Council**

### **Workshop One: Active citizenship and voice**

#### **What works well?**

- Our groups get to take over Corporate Parenting Board every year
- Youth Summit events
- Supported to have a voice by support workers, foster carers, IRO's
- Have mentors in school
- The Care Promise – this gives you information on what you should expect from social services
- Good support from independent visitors or PAs (Personal Advisors)
- Barnardo's Children's Rights service (Advocacy Service for looked after young people)
- MST Team

#### **What more could be done / what are the problems?**

- Transport – should be a web service that asks for young people's opinions
- Schools need to have better skills and abilities to understand people with learning difficulties for example Dyslexia
- More young people should be able to make decisions within youth groups / leisure centres and schools

### **Workshop Two choice: Staying Safe**

#### **What works well?**

- Having police out on the streets
- Cameras and CCTV
- Teachers staying on streets outside school until students get on their bus
- Good websites to support mental health

#### **What more could be done / what are the problems?**

- Free self-defence workshops to learn how to protect yourself from things like knife crime
- More police officers, health services, CCTV cameras around main areas, more youth workers on the streets and in places such as parks
- People to have better training on how to deal with communicating with people who are suicidal or depressed

## **Youth group: Leeds Hospitals Youth Forum**

### **Workshop One: Staying Safe**

#### **What works well?**

- Police
- Child psychologists and youth workers
- Crisis lines eg Childline
- Having mentors in school
- Role of parents and carers
- Leeds City Council

#### **What more could be done / what are the problems?**

- More work from the Police for example: coming to do talks at school or college about staying safe and what happens if you get caught committing crime
- Have a student psychologist coming into school to talk to students who might be struggling
- Drug/alcohol use amongst young people is a problem

### **Workshop Two choice: Having fun**

#### **What works well?**

- Breeze card for all young people
- Having youth work projects

#### **What more could be done / what are the problems?**

- There should be more fun things to do online not just play “fortnite”
- The council should stop closing libraries and centres
- There should be more clubs for under 18s
- There should be more indoor activities for young people
- There should be more universal sports – eg sports that ALL young people can do
- There should be organised youth walks

## **Youth groups: Student Leeds Safeguarding Children Partnership & Prince Phillips Youth Service Group**

### **Workshop One: Being Healthy**

#### **What works well?**

- Dance classes
- Rugby
- Dog walking
- Meditation
- MindMate website
- Headspace App
- Gym
- Boxing

#### **What more could be done / what are the problems?**

- More green space
- Make activities more affordable as cost is a big barrier
- Have age appropriate activities
- Advertise better
- Have park wardens

### **Workshop Two: Active citizenship and voice**

#### **What works well?**

- Quizzes and surveys
- Through reaching
- Direct approach
- Word of mouth
- Social media

#### **What more could be done / what are the problems?**

- Activities should be more focused on people aged 13-20
- There should be more advertising of activities on social media

## **Youth group: Leeds Youth Council & Leeds Youth Parliament**

### **Workshop One: Being Healthy**

#### **What works well?**

- Gym – LCC used to run a service where young people could use the gym for free
- Swimming
- Walking – good parks, especially Roundhay
- Exercise equipment in lots of parks
- Cycle routes in the city
- Park runs
- Triathlon
- Some schools have counselling services in school
- The Marketplace project is fantastic
- MindMate is really good for information and support
- Local GP had referred to The Marketplace and to Mindmate = good
- Schools have their own websites with info

#### **What more could be done / what are the problems?**

- Mental health services – you should be able to self-refer and not go through your GP
- Have a campaign to inform drivers about benefits of cycling
- The waiting list for CaMHS services is very long
- Long term support services at The Marketplace has a long wait
- Needs to be more consistency in the support schools give, every school should offer a counselling service
- Compulsory “health checks” in Year 6 – it really isn’t great for young people aged 10 to be told they are overweight as this can really affect them mentally
- Have more “trails” to follow in parks
- Schools should have more consistent PSHE provision and mental health support
- In a child friendly Leeds we would like age appropriate mental health taught to all CYP
- LGBT clubs in schools need to be more inclusive within the school environment

### **Workshop Two: Active citizenship and voice**

#### **What works well?**

- Leeds Youth Council – learn about what is going on and able to meet with decision makers
- 36% of 11-18 year olds in Leeds took part in the 2018 UK Youth Parliament ‘Make Your Mark’ ballot
- School councils – get to speak to and share ideas with headteacher, suggest ideas for PSHE lessons and get to interview new staff for jobs in school
- Youth groups and clubs in local areas enable and encourage young people to have a voice

#### **What more could be done / what are the problems?**

- Young people don’t always know who their local councillors are and how to contact them
- School councils need to be more consistent and meaningful and should let students know the scope of what they can change
- Don’t feel you can make much of a difference in school – YP want to see more action and direct change
- Need central support for school councils to offer support and guidance
- City councillors should go into their local schools to meet their local school councils every few months. Councillors can learn priorities in the school but also speak to the students to get feedback about their local area
- Councillors could hold surgeries in schools
- The role of a “children’s champion” councillor should be clearer.

## **Youth group: The Marketplace Leeds**

### **Workshop One: Having fun**

#### **What works well?**

- Skateparks
- Horse riding
- Swimming pools
- Good shopping
- Libraries
- Leeds is better than Grimsby
- Having pop up events in parks
- Bowling
- Breeze events (but these are mainly for younger children not teens)
- Volunteering opportunities
- Meanwood Urban Farm

#### **What more could be done / what are the problems?**

- Improving lighting in parks
- More internet cafes
- More volunteering opportunities
- Clean up and revamp parks
- Breeze festival events should cater to all ages with more variety
- Sitting areas and lack of maintenance in smaller parks are not good
- More free events for young people
- More free family events
- Funding for more youth centres
- Opportunities for residents to learn new skills
- Discounts for family groups
- Not enough variety of books in libraries
- Bring back Party in the Park

### **Workshop Two: Staying safe**

#### **What works well?**

- Marketplace and other 'safe zones' – treated as a person not a patient, drop in available and creates opportunities for young people
- CaMHS / IAPT
- Getaway Girls and Andy's Man Club
- Sexual health clinics
- MindMate lessons

#### **What more could be done / what are the problems?**

- Not enough 'safe zones' in the city centre but some do exist
- Some services aren't easily accessible for all young people
- Having young people friendly maps / signage around the city centre
- More mental health drop in services
- There is not enough information about sexual health services for young people
- There isn't enough interest from schools around MindMate
- Parks are not safe for young people in some areas and this needs monitoring – needles left around etc

## Youth group: Willow Young Carers (Barnardo's)

### Workshop One: Staying Safe

#### What works well?

- Feel very safe in their youth group setting as the staff are very nice and supportive, taking the time to get to know them all
- In school, members of Willow YC have had:
  - information on knife safety and the police 'power to search'
  - assemblies on online safety including 'sexting' and 'grooming'
  - have seen police officers and safeguarding officers in schools
- Around Leeds they have seen lots of visible police officers which helps them feel safe
- There are lots of bike lanes which is good for safety but there needs to be more education on using lights on your bike
- Feel safe on buses
- Lots of free phone booths makes them feel safe

#### What more could be done / what are the problems?

- Taxis – don't always feel safe in taxis, they should all have cctv cameras installed, Taxi drivers should have more respect for young people, they don't understand that young people find taxi journeys frightening as it is and all taxi drivers should be CRB checked and approved
- Buses – are often dirty and the drivers rude and bus passes should be free or very cheap for under 16s as it costs a lot to get to school
- Violence – people need to have more respect for one another because when they don't it leads to people feeling unsafe
- More surveillance / cctv will help young people to feel safe and reduce alcohol/drugs
- There should be stricter age limit on buying alcohol and heavier penalties for drug dealers, more stop and searches
- There is a barrier about talking to police to report drug dealing as the act of talking to police is scary

### Workshop Two choice: Learning and Skills

#### What works well?

This subject is really important to us – especially learning about emotions, cooking, common sense, finances, taxes etc.

- Emotional support: PSHCE works well in school and covers lots of different topics. Pastoral officers in schools
- Work experience works well *but some schools have stopped offering this*

#### What more could be done / what are the problems?

- Learning about managing finances – this is never mentioned in school PSHCE provision. We want to learn about mortgages, taxes, bank accounts, bills, budgeting
- Managing our money is more important than algebra!
- Public speaking training, political education, democracy
- More choice of GCSE subjects – and support when choosing your options
- Better communication between teachers and parents
- More volunteering opportunities need to be available
- Schools to offer 'taster' days in different work placements

## **Youth group: Community Youth Ambassadors Table 1**

### **Workshop One and Two: Staying Safe**

#### **What works well?**

- NSPCC and Childline
- PSHCE lessons in schools
- Wider support such as The Marketplace, MindMate, CaMHS, TaMHS, Counselling services in schools
- Police on site and visiting schools
- Being safe online information
- Safe project and Safe rooms / Time Out rooms
- Charities
- Events like this is positive
- More events such as Breeze

#### **What more could be done / what are the problems?**

- Less knife crime through having more police patrolling the streets in communities
- Mental health services to be improved
- Free bus travel for Under 16s
- More assemblies on bullying in schools / colleges
- More school buses
- Make public space feel safer – more bins for litter and dog poo
- Stop having “no ball games” signs
- Renovated parks and spaces
- Zebra crossings on dangerous roads
- More youth groups based in local communities

## Youth group: Community Youth Ambassadors Table 2

### Workshop One: **Staying Safe**

#### What works well?

- Police
- Family
- Support groups – however they are not very well known
- Youth Workers
- Teachers
- Having people patrolling in parks
- Schools
- Friends

#### What more could be done / what are the problems?

- More mental health support
- Zebra crossings
- Slower speed limits
- Cleaner environments
- More stuff for teenagers to do, more social activities, more groups
- More lighting on streets
- More visible police
- Be educated about safety at school
- More security cameras
- Lessons on how to stay safe on social media
- Easier and cheaper bus travel

### Workshop Two choice: **Having fun**

#### What works well?

- Parks and gyms in parks
- Youth clubs
- Breeze festival
- Dog Walking
- Really good cycling areas
- Lots of places to go in daylight – mini golf championships

#### What more could be done / what are the problems?

- There isn't much for teenagers to do
- Should have youth clubs for different age groups
- Cut down on young people smoking
- More green areas
- More bike lanes in student areas such as Burley / Hyde Park
- More places to plant trees
- Spaces that are just for teenagers

## **Youth group: Youth Service Outer South Group**

### **Workshop One: Having fun**

#### **What works well?**

- Youth club on Fridays
- Local park
- School
- Shopping
- Cinema
- Swimming pool
- Going out to eat
- Sport –football, rugby, dodgeball
- Breeze events
- The Carnival
- Tropical world
- Dance
- Kickboxing / Boxing

#### **What more could be done / what are the problems?**

- Improving the parks – having more equipment
- Water fountains in the park
- More Breeze pop up events, more fairs
- More gym access for young people
- More disability access in parks
- Youth club open more days than once a week
- Reduce gang activity
- Make the community centre bigger for sports activities

### **Workshop Two: Active citizenship and voice**

#### **What works well?**

- Events like today
- Ability to have a protest!
- Inviting local councillor to our youth club
- Encouraging us to vote when we turn 18

#### **What more could be done / what are the problems?**

- Leeds needs better transport e.g. Trams
- Rental bikes would mean less pollution in the city
- Young people should be able to represent their area
- Young people should be able to vote younger to have their say

## Youth group: Youthwatch Leeds

### Workshop One: Having fun

#### What works well?

- Cinema
- Record Shops
- Parks – football
- Canteens and bars
- Concerts and gigs in town
- Shopping
- Picnics in the park
- Walks in Roundhay Park
- Breeze events
- Museums eg Armouries / Leeds Museum
- Things like food festivals

#### What more could be done / what are the problems?

- More child friendly events that are easy to get to – more dry events that are not all about alcohol and drugs
- More green spaces
- A more sociable arts scene – on the streets like in Manchester and Liverpool
- Would use gyms and swimming pools more if they were easier to get to and cheaper
- Cost of things can hinder what we do – more about the cost of actually getting there.
- Gyms can be intimidating so more “young person friendly” gym sessions
- We have less free time during exam times
- We don’t know about some young people’s events – should be better use of social media to promote and advertise and also promote things through schools
- Would like to see more things aimed at older teenagers
- If there are events for example in millennium square and you may not be able to go if don’t have friends then can a youth worker take you?

### Workshop Two choice: Staying Safe

#### What works well?

- Places are on the whole easy to get to
- Streets are well lit
- Childline
- Mindmate
- School support system
- Breakfast clubs and afterschool clubs – easily accessible and safe environment for children
- Social workers
- Mentors
- Safety in numbers, community
- We’re generally out late at night WITH friends rather than alone

#### What more could be done / what are the problems?

- Safety is down to the individual (looking after yourself)

- Metal detectors in schools
- Regulating social media
- More social responsibility
- Make alcohol and drugs less accessible
- Giving young people the option to have their say rather than telling them how they should feel
- Stop gang violence
- Support system in schools to help students who want to change
- Make people more aware of the services that are available to them

## Youth group: YPMYG – Micklefield Youth Service Group

### Workshop One: Having fun

#### What works well?

- Having a youth club and getting to go on youth work trips
- Breeze events
- Skate park in area
- MUGA in area
- Takeaways and restaurants – it's fun to eat
- Maggi our local lollipop lady, everybody loves her and she gives out sweets
- Local playground with a baby park
- Leeds Arena in the city centre
- Shopping, food, cinema, bowling, trampolines, lazer zone

#### What more could be done / what are the problems?

- Ice skating all year round
- Stop spice drug users
- Have "steroid free gyms" that are for young people only
- Have outdoor gyms for young people
- Sort litter out and more dog mess bins so we can walk dogs and enjoy parks
- Better bin people – pick up litter and empty bins quicker
- Smaller skatepark just for the younger children
- More free events for young people in town eg DJ, music, graffiti art etc
- Theme park in Leeds
- Free concerts and music events

### Workshop Two choice: Active citizenship and voice

#### What works well?

- Young people have a voice and influence within the YPMYG youth group – decide on budgets etc
- Got involved in a consultation about making city centre better
- Went to child friendly Leeds awards events
- Have had meetings with ward councillors
- Have attended forums
- Have your say event
- Civic Hall events

#### What more could be done / what are the problems?

- School councils – school councils should include all students no matter what behaviour or disabilities in having a voice. Sometimes it is only the good "nice" kids who get the chance in schools
- Leeds overall has a good thing to hear young people's voice

## Evaluations

81 delegates completed evaluation forms at the event.

### *How would you rate the event on a scale of 1 (poor) to 5 (great?)*

<b>Rating:</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Number of responses:</b>	<b>0</b>	<b>1</b>	<b>6</b>	<b>36</b>	<b>38</b>
<b>Percentage:</b>	<b>0%</b>	<b>1%</b>	<b>7%</b>	<b>44%</b>	<b>48%</b>

Overall, 92% of delegates who completed evaluation forms at the event rated it as good (4) or great (5)

*"I enjoyed it!"*

*"Extremely amazing and fun"*

*"Fab – had a lovely night"*

*"This was a really fun night – thank you"*

*"Really enjoyed tonight"*

### **What I really enjoyed was:**

- Meeting new people/groups x 10
- Having my voice/say x 2
- Group discussions x 2
- All the different stalls
- All of it well-presented and great
- Me learning to have confidence and speak over the microphone in front of everyone!
- Meeting everyone
- Really enjoyed the fact that young people collectively got to discuss issues important to us
- Interactive activities
- Food x 13
- Group photo
- Getting to know what people think about the city
- The ability to see other people's views and support decisions
- Finding new ways to keep young people safe
- Seeing all the youth groups from around the city come together
- The cooperation and enthusiasm
- Workshops – we all had our chance to speak our minds and have our voices heard.
- The food was delectable and the brownies were exemplary
- Genuinely felt listened to
- Food was a nice touch
- Good idea have scrutiny members walking round
- Being able to voice my opinion and knowing it can have an impact
- Having a say in how to improve Leeds for people my age
- Games
- Seeing so many young people coming together to have their say and celebrating that together with wonderful support

- Sharing ideas
- Well laid out
- Discussions with members of the scrutiny team
- Feeling engaged and listened to
- Talking about issues which effect young people
- Talking with people who could influence Leeds (act on what was said, not just listen)
- Sharing information
- Seeing how confident young people in the city are
- The location
- Good presenter
- The topics discussed and the aims of the event
- Having important people from LCC attend and take part
- The various consultations that took place
- The fun descriptions read from each table about good things and bad things about Leeds
- Being able to speak my opinion x 2
- Everything x 2
- That everyone was given the chance to voice their opinion x 2
- That we all got the chance to express how we felt about certain problems and how we could improve these problems
- Seeing friends I haven't seen in ages
- All the different stalls
- Talking to other young people
- Getting voices about things like school
- Hanging out with friends
- Everybody had a voice
- Putting our ideas forward
- The whole event x 2
- Completing our group worksheet about issues
- The group discussions and how many people came to our YouthWatch stall
- Being about to speak to young people about our work and having them complete our surveys – we've had some really valuable feedback (Yorkshire Sport)
- It was an amazing experience
- The speakers – Cllr Mulherin and Cllr Lamb
- The audience feedback and discussion time and the opportunity to meet with councillors
- Engaging with other groups in Leeds
- It stayed exactly to time
- The raffle
- People viewing what I think is good
- The piano music – amazing talent
- Had a very enjoyable evening listening to the young people
- Having amazing conversations with my friends
- Having a wonderful time with my fabulous friends
- Really enjoyed hearing other people's opinions on different types of events
- Enjoyed meeting new people and talking about different situations and sharing ideas with each other
- The workshops discussing how to make Leeds better

## The event would have been better if:



- Not as crowded on tables and go for food one by one
- Mix with different groups x 5
- It was longer and more interactive
- No spicy food
- Different styles of workshops x 2
- More topics to talk about x 2
- More time to speak
- The ice breaker was more inclusive and longer
- Better icebreaker
- Started a little later – struggle to get young people there after school x 3
- More information
- A lot more moving around
- We could hear people better
- More activities to get to know more about other youth groups
- More stalls x 2
- More chat with councillors
- More time for discussion with scrutiny members
- More discussions x 2
- More brownies
- Longer sheets to write on
- We could submit more work with a broader range of questions
- Pizza
- Less formal talking from people we don't even know who they are
- More events like this in the future
- More older groups i.e. 12-20 x 3
- Aimed at both children and young people
- More photographs and more fun icebreakers
- It was the same x 2
- Nothing x 2
- Groups could choose their own topics
- A little less adult and more fun for us younger children – but it was really good 😊 😊 😊
- More freebies x 2
- More desert options x 2
- People were not nervous x 2
- More activities / games x 4
- Can we come back please?!
- I liked everything
- Nothing – you did great 😊
- Not as many people as was very crowded and not much room
- Nothing everything was amazing x 2
- If we could bring our whole youth group
- We all got to talk
- If everyone got their opinion and what they would like to happen